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# MODULATED ELECTRO-HYPERTHERMIA MORE THAN DOUBLES FIVE YEAR DISEASE FREE SURVIVAL RATES IN ADVANCED CERVICAL CANCER PATIENTS IN SOUTH AFRICA

## PRESENTATION OF THE PHILIPPINE LAUNCHING EVENT OF ONCOTHERMIA 2024.06.01.

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## CITATION

Minnaar, C.A. (2024) Modulated electro-hyperthermia more than doubles five year disease free survival rates in advanced cervical cancer patients in South Africa, Presentation of the Philippine Launching Event of Oncothermia 2024.06.01.

[https://youtu.be/qXK\\_iHG37nk](https://youtu.be/qXK_iHG37nk),

<https://www.youtube.com/playlist?list=PLEaAiXVgvMsEazu16PMNSqcJjZKF1yB3Y>

Oncothermia Journal 35, July 2024: 100-112.

[https://oncotherm.com/MinnaarCA\\_2024\\_mEHT-more-than-doubles-5-year-disease-free-survival\\_20240601](https://oncotherm.com/MinnaarCA_2024_mEHT-more-than-doubles-5-year-disease-free-survival_20240601)

# Modulated electro-hyperthermia more than doubles five-year disease-free survival rates in advanced cervical cancer patients in South Africa



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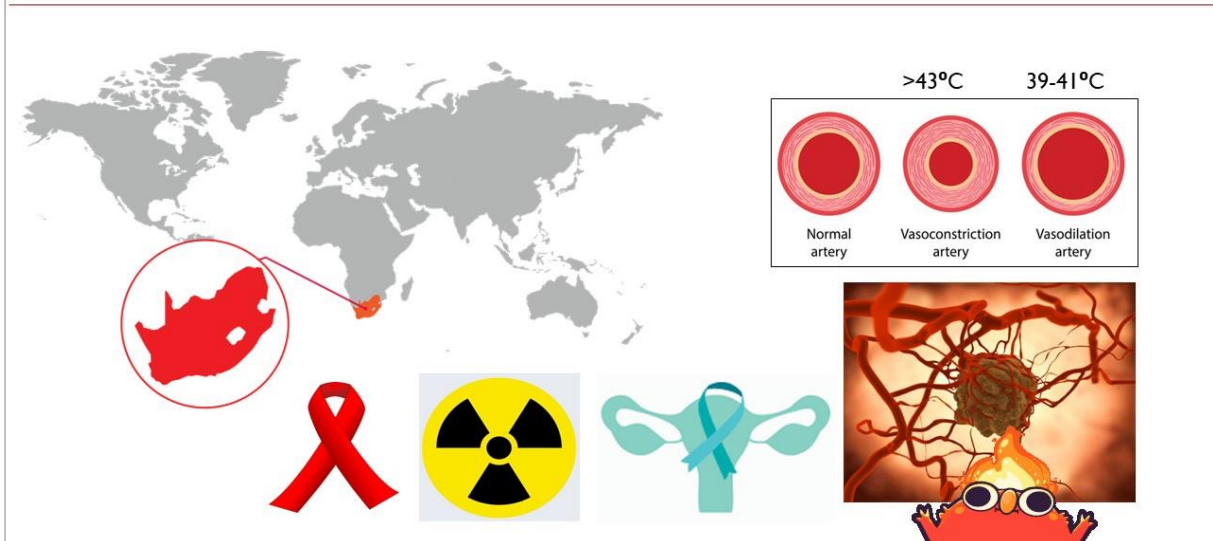
<sup>2</sup>Wits Donald Gordon Academic Hospital, South Africa



## Outline:

- ✓ Introduction
- ✓ Methodology
- ✓ Safety
- ✓ Local Disease Control
- ✓ Long Term Control
- ✓ Systemic Control
- ✓ Future Perspectives

## Introduction: Heat as a radio-sensitiser



## Introduction: Heat as a radio-sensitiser

**39-41°C = vasodilation**

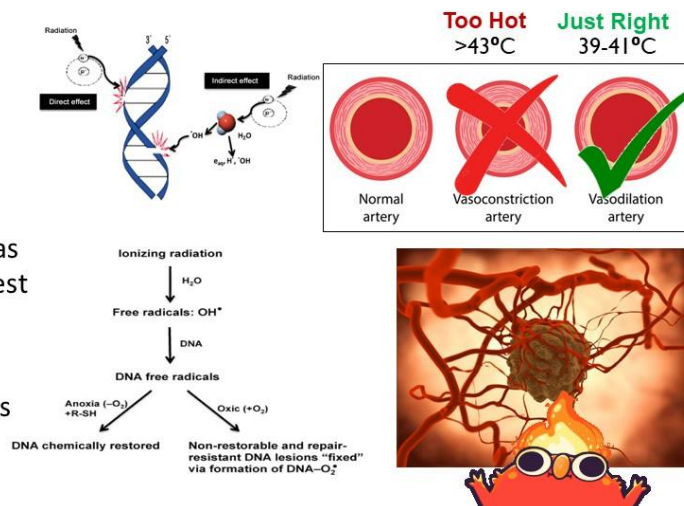
↑↑↑ Blood =

↑↑↑ Oxygen:

✓ increases ROS formation

✓ inhibits repair from DSBs as the repair processes work best in an anoxic environment

✓ Heat slows down protein function, which further slows repair processes



## Introduction: Heat as a radio-sensitiser

Mild Heat = excellent radiosensitiser:  
increasing the indirect cell kill effect for RT  
and inhibiting the repair processes post irradiation.

Just Right  
39-41°C



## Introduction: Heat as a radio-sensitiser

20 patients with cervical cancer were treated with mEHT

### Measurements

- **Temp:** Peri-tumour using an internal organ temperature probe
- **Blood flow:** 3D colour Doppler ultrasound used to determine peak systolic velocity end diastolic velocity ratio (SID ratio) and the resistance index (RI) within blood vessels.

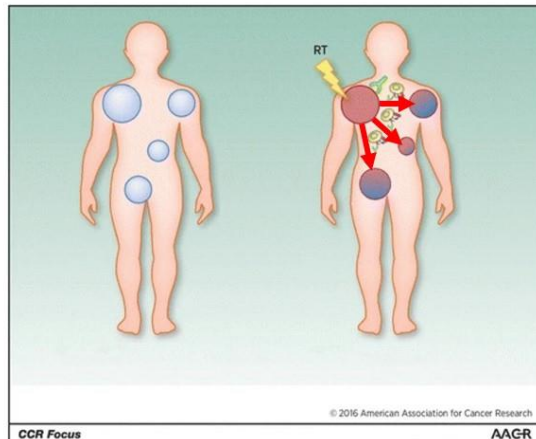
### Results:

- **Temp:** mean peri-tumour temperature
  - Baseline:  $36.7 \pm 0.2$  °C
  - 30 minutes:  $37.5 \pm 0.5$  °C
  - 60 minutes:  $38.5 \pm 0.8$  °C
- **Blood flow:**
  - *mEHT = significant increase in tumour blood flow*

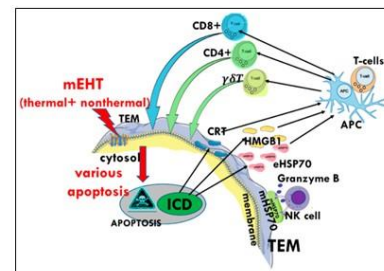


Lee S-Y, et al. The effect of modulated electro-hyperthermia on temperature and blood flow in human cervical carcinoma. *International Journal of Hyperthermia*. 2018;34(7):953-960.

## Introduction: Immuno-modulation



**Abscopal effect:**  
Immune mediated response  
to RT resulting in resolution of  
lesions outside the treatment  
field



## Introduction: Immuno-modulation

mEHT damages cell membranes  
Promotes ICD and DAMP  
= apoptosis and release of apoptotic  
bodies  
= release of mHSPs into the extra cellular  
matrix  
→ transport intracellular antigenic  
peptides to DCs  
= maturation of DCs into APCs  
→ produce antigen-specific cytotoxic T-  
lymphocytes and activated NK cells  
Potentially = adaptive immune response

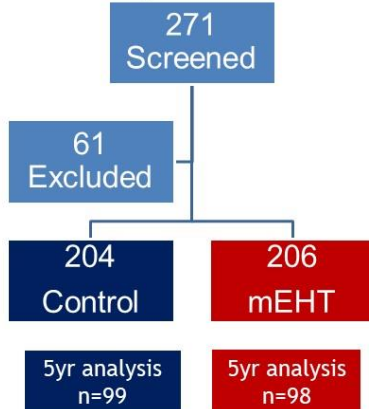
**Immunogenic Hyperthermia = mild heat + immune-modulation**

Minnaar CA, Szasz A. Forcing the Antitumor Effects of HSPs Using a Modulated Electric Field. Cells. 2022 Jun 4;11(11):1838. doi: 10.3390/cells11111838. PMID: 35681533;



## Methodology:

Phase III RCT 2014-2023  
HR Ethics Committee : M1704133  
ClinicalTrials.gov ID: NCT03332069

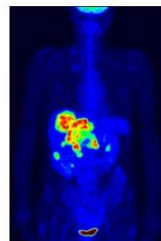


## Methodology:

**Sample:**  
Stage IIB-IIIB  
Staged clinically:  
exam, chest x-ray;  
abdominal/pelvic  
ultrasound.

HIV-positive  
participants were  
included provided their  
CD4 count was  
>200cells/mm<sup>3</sup> /they  
had been on ART for  
>6m.

**Control Group**  
50Gy EBRT  
3x8Gy HDR  
BT, 80mg/m<sup>2</sup>  
cisplatin



Randomised  
using an online  
tool (RedCap)  
Stratum: stage;  
age; HIV status

**Intervention Group**  
50Gy EBRT  
3x8Gy HDR  
BT, 80mg/m<sup>2</sup>  
cisplatin



**LDC:**  
PET/CT pre-treatment &  
6m post-treatment.

**Survival:**  
Last known disease  
status used for LTFU

**QoL:**  
EORTC CX24 forms

**Statistics:**  
Kaplan-Meier charts; Log  
rank tests; frequency  
tables; Markov model



Clinicians  
conducting  
follow ups  
were blinded  
to the group

## Methodology:

mEHT

- 2 x per week
- Immediately before external beam RT



## Results: Safety

### 6 months post treatment

- No dose-limiting toxicities
- High Compliance (97% completed  $\geq 8$  treatments)
- No significant differences in CRT-related toxicity between treatment groups
- Toxicity:
  - grade 1–2 adipose burns: 9.5%
  - grade 1 surface burns: 2%
  - pain during mEHT: 8.6%



### Late Toxicity

At three years still no difference in late toxicities between the groups

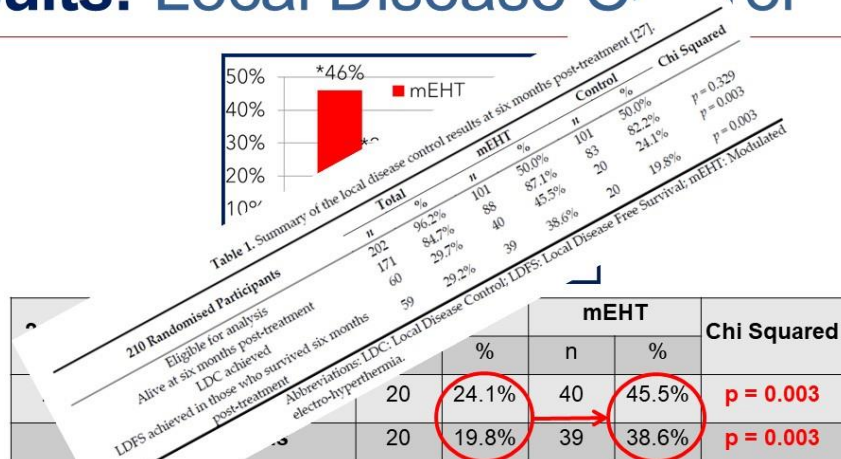


*cancers*

No effect on late toxicity at 5 years



## Results: Local Disease Control



## Results: Three-year Survival



	OR	p-value	[95%CI]
2 year	3.59	0.001	1.79-7.21
3 year	3.4	0.001	1.71-6.91





## Results: Quality of Life

Table 9. Mean change in scores from baseline to 24 months in the mEHT and Control Group.

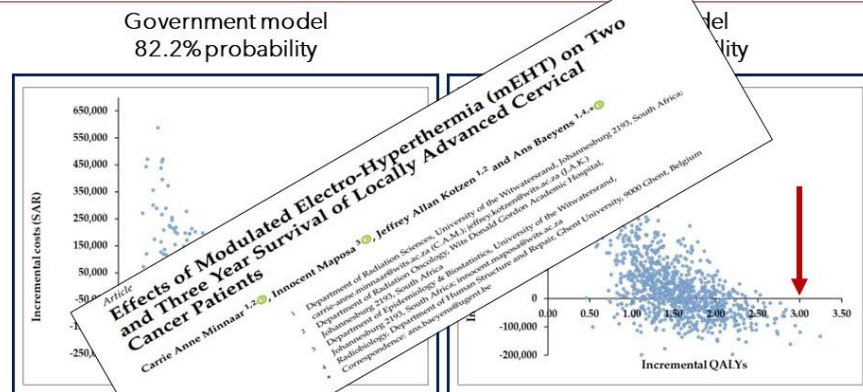
	mEHT				Control			
	Mean	SD	95%CI	p-Value	Mean	SD	95%CI	p-Value
Visual Analogue	25.1	21.5	16.6 to 33.6	$p < 0.0001$	15.6	31.9	2.9 to 28.2	$p = 0.0176$
Global Health	23.2	31.7	11.7 to 35.6	$p = 0.0002$	17.3	29.1	6.0 to 28.6	$p = 0.0041$
Financial Burden	-26.1	60.9	-48.0 to 4.1	$p = 0.0216$	-16.7	46.7	-34.8 to 1.4	$p = 0.0698$
Symptom Scales								
Pain Reduction	-34.4	32.8	-46.2 to -22.6	$p = 0.0001$	-15.5	35.7	-29.3 to -1.6	$p = 0.0298$
Nausea/Vomiting	-13.0	27.7	-23.0 to -3.0	$p = 0.0122$	-1.2	18.7	-8.4 to 6.1	$p = 0.7383$
Fatigue reduction	-18.4	27.9	-28.5 to -8.4	$p = 0.0008$	-10.7	34.0	-23.9 to 2.4	$p = 0.1071$
Functional Scales								
Social	12.0	31.2	0.7 to 23.2	$p = 0.0375$	17.3	41.7	1.1 to 33.4	$p = 0.0373$
Cognitive	19.8	33.2	7.8 to 31.6	$p = 0.0020$	-4.2	28.9	-15.4 to 7.0	$p = 0.4523$
Emotional	27.3	30.3	16.4 to 38.3	$p < 0.0001$	17.9	34.2	4.6 to 31.1	$p = 0.0101$
Role Function	9.4	35.1	-3.3 to 22.1	$p = 0.1415$	7.1	35.0	6.4 to 20.7	$p = 0.2893$
Physical	11.7	21.2	4.0 to 9.3	$p = 0.0040$	2.6	27.2	-7.9 to 13.2	$p = 0.6150$

Abbreviations: FIGO: CI: Confidence Interval, mEHT: Modulated Electro-Hyperthermia; SD: Standard Deviation.

Overall significant improvement in 10 out of 11 scores in the mEHT group at 2 years



## Results: Cost Effectiveness Analysis

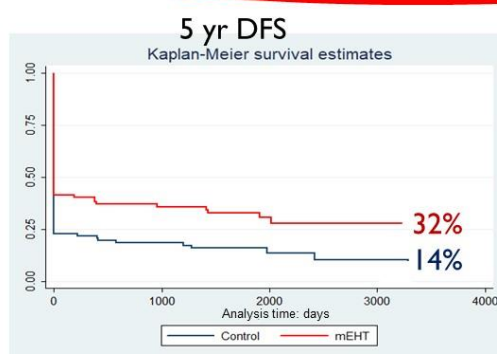


- mEHT + CR... the model
- mEHT + CR... less costly and more effective



## Results: Five-year Survival

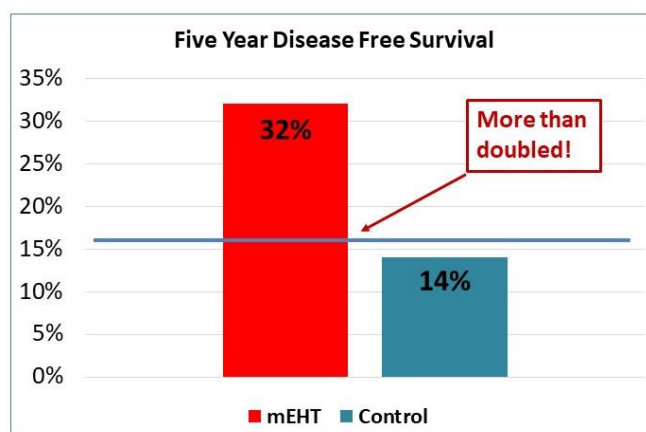
5yr OS	mEHT	Control	
All	33% [33/99]	26% [25/98]	HR:0.74; 95%CI:0.53-1.03; $p=0.003$
Stage III	34% [21/61]	23% [15/65]	HR:0.65; 95%CI:0.43-0.99; $p=0.046$



OR:3.00; 95%CI:1.49-6.07;  
 $p=0.002$ ;  
HR:0.73; 95%CI:0.53-1.00;  
 $p=0.049$ ;  
Chi2:  $p=0.002$

ESTRO2024

## Results: Five-year Survival



32%[32/99] of hyperthermia participants

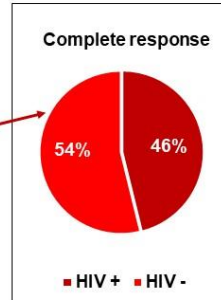
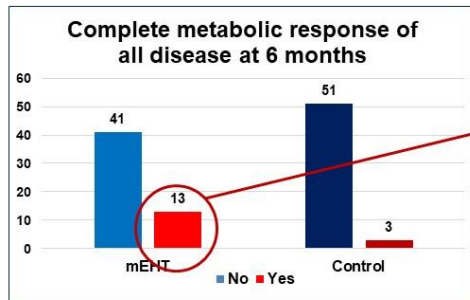
14%[14/102] of control participants

Achieved 5 years DFS

Odds were increased by 3x!

## Results: Abscopal Response

- 108 Participants had extra pelvic disease on the pre-treatment PET/CT
- 54 participants in each group



In a multivariate analysis:

- Age,
  - Number of cisplatin doses,
  - Total RT dose,
  - Days between last RT and PET/CT,
- were not associated with an abscopal effect

In a univariate analysis, CD4 count was also not predictive of an abscopal effect



## Results: Systemic Immune Response

### SYSTEMIC RESPONSE

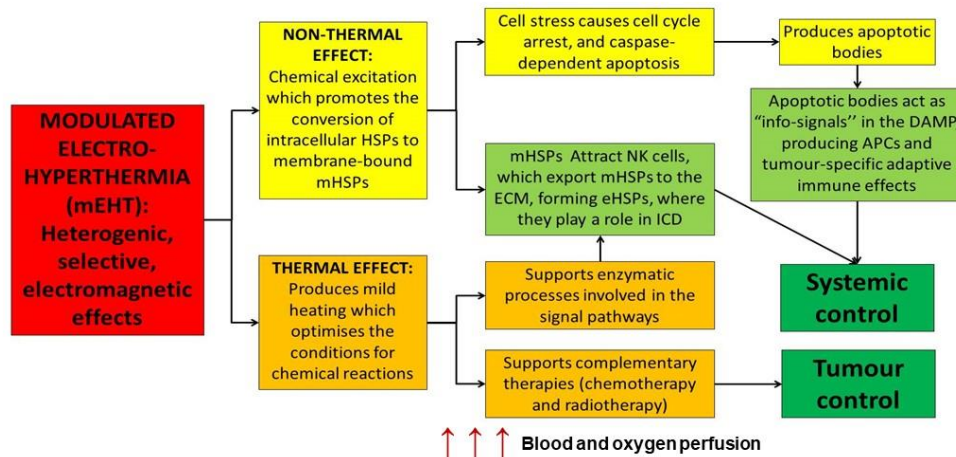
- Participants with **stage IVB disease** outside the pelvis,
- who showed an abscopal response at 6 months,
- **remained disease free at 5 years**
- With the exception of 2 participants who died of non-cancer related causes



Ladies with stage IV disease outside the pelvis were cured with the addition of a simple local treatment!



## Results: Immunogenic Response



Minnaar CA, Szasz A. Forcing the Antitumor Effects of HSPs Using a Modulated Electric Field. *Cells*. 2022 Jun 4;11(11):1838

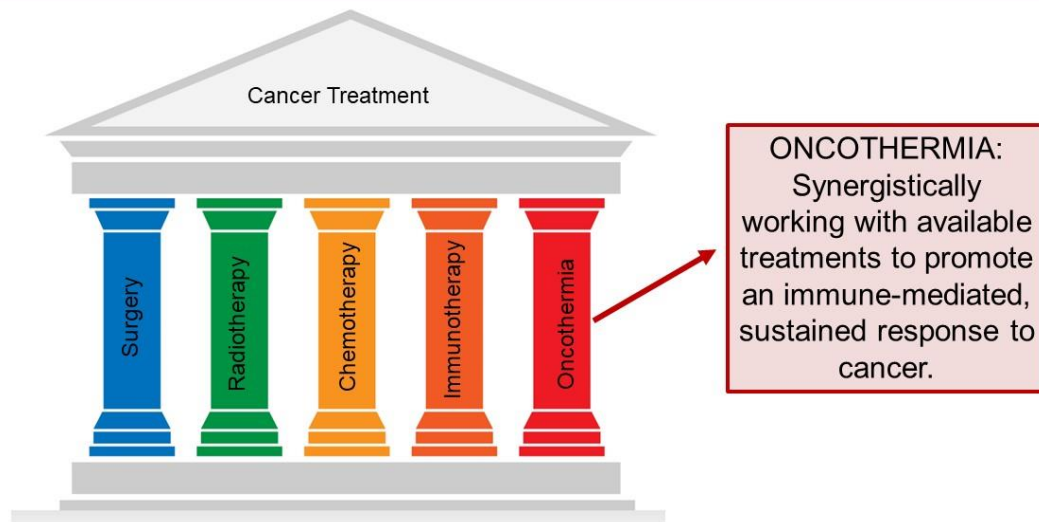
## Conclusion:

### Oncothermia added to CRT for LACC

- ✓ Significantly increases 5y DFS rates,
  - ✓ Safely,
  - ✓ While lowering treatment costs,
  - ✓ And improving Quality of Life.
- ✓ Promotes a sustained long-term, immune-mediated, systemic response to the disease.



## Future Perspectives:



## Thank you



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