

Traditional Chinese Hyperthermia - Moxibustion

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Abstract

Moxibustion is one of the external therapeutic methods in traditional Chinese medicine thermotherapy, and it plays an important role in dredging the channel, strengthening body resistance and eliminating evil, warming yang and correcting weakness, promoting qi to activate blood, and regulating yin and yang. The operation is simple, economic, safe and effective, and it has no toxic side effects and is easily accepted by patients, so it can give full play to its unique advantages in the prevention and treatment of diseases and health care. As one of the green comprehensive therapies, the moxibustion has been widely used in different clinical departments. Moxibustion has a characteristic of benign “two-way adjustment” effect on the overall function, and it has its own unique advantages in improving the general status of the patient and mobilizing the body’s immune ability, etc.

Keywords

Traditional Chinese medical thermotherapy, Moxibustion, Mechanism