#### Modulated Electro-Hyperthermia: Role in Developing Countries

C.A. Minnaar; <sup>1</sup>J.A. Kotzen <sup>1</sup>; A. Baeyens <sup>12</sup>

<sup>1</sup>Radiobiology, Radiation Sciences, University of the Witwatersrand, Johannesburg, South Africa

<sup>2</sup>Radiobiology, Basic Medical Sciences, Ghent University, Ghent, Belgium

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## Modulated Electro-Hyperthermia: Role in Developing Countries

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1.Radiobiology, Radiation Sciences, University of the Witwatersrand, Johannesburg, South Africa 2.Radiobiology, Basic Medical Sciences, Ghent University, Ghent, Belgium

> 35<sup>th</sup> ICHS 5<sup>th</sup> WFCMS Annual Conference



#### DISCLOSURES:

The study has been funded by the National Research Foundation (South Africa) and the device used has been supplied by Oncotherm

#### AIM

Preliminary results: Ongoing Phase III clinical study

Addition of mEHT to chemoradiotherapy protocols for locally advanced cervical cancer in a low resource setting.

- 555 000 new cervical cancer cases per year
- · 80% in developing countries
- · Up to 20% HIV incidence in South Africa
- Survival rates for cervical cancer up to 50% lower in developing countries

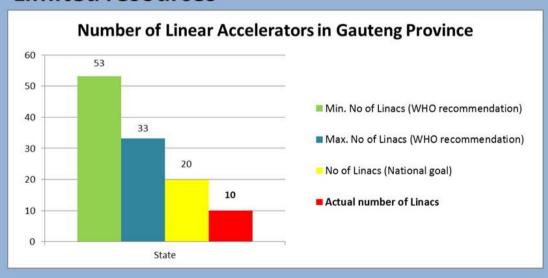


## **South Africa**



## **South Africa**

#### **Limited resources**



## **METHODOLOGY**

## We report on 129 participants with 6 month post treatment data

Randomisation Stratum: HIV, FIGO stage and Age group

**Exclude:** Bilateral hydronephrosis, renal / immune impairment

#### Treatment:

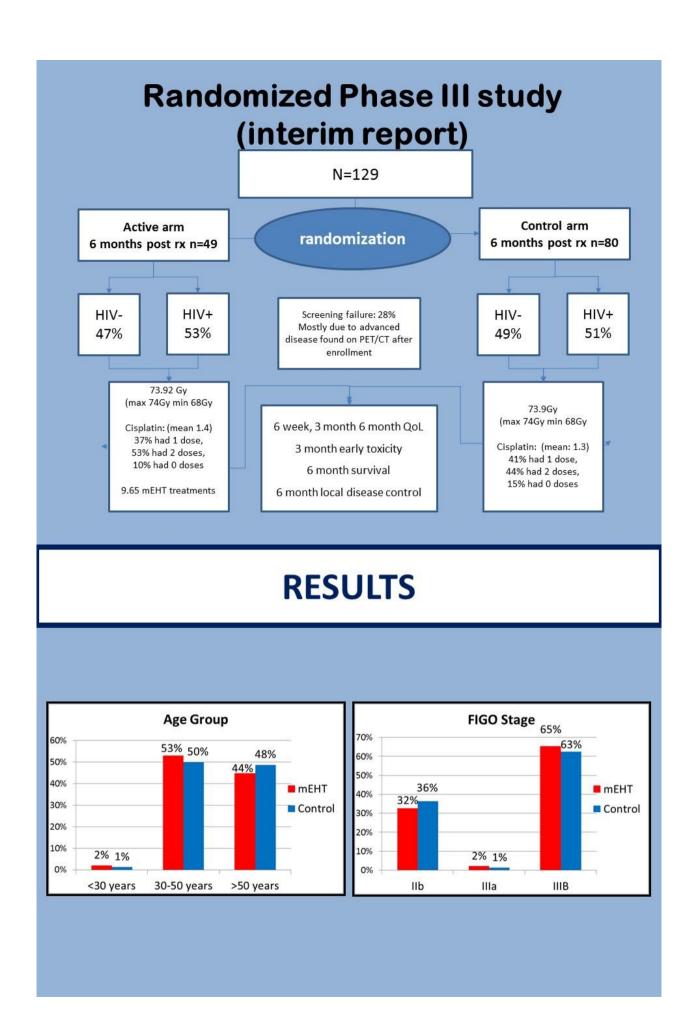
- 50Gy External Beam Radiation
- 3 x 8Gy HDR doses
- Cisplatin 80mg/m2

Hyperthermia: 2 x 55 minutes mEHT /week directly before EBR

## **METHODOLOGY**

#### **OUTCOMES**

- Local disease control at 6 months (PET/CT)
- Adverse events + Early toxicity (CTCAE v4)



# **QUALITY OF LIFE**





# Some South African Optimism

30% of participants at initiation report 100% on visual analogue scale, despite pain and harsh socioeconomic conditions. When questioned, they answered:

"But I am alive, what more can I ask for?"



# **QUALITY OF LIFE**

#### **6 WEEKS**

mEHT had significant improvement in:

- · Social functioning
- · Nausea and vomiting



Control had significant worsening in:

- · Emotional function
- Appetite



Both showed a significant worsening in:

Fatigue, insomnia, pain, body image, symptom experience,



Menopausal symptoms, financial difficulties

# **QUALITY OF LIFE**

#### **3 MONTHS**

mEHT: showed significant improvement in:

- Emotional functioning
- Mobility
- Global health
- Pain
- Diarrhoea



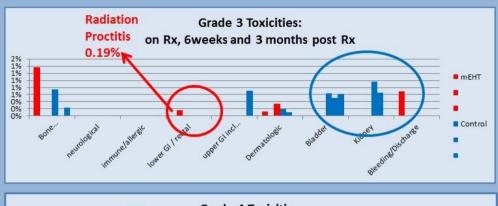
Both showed improved body image.

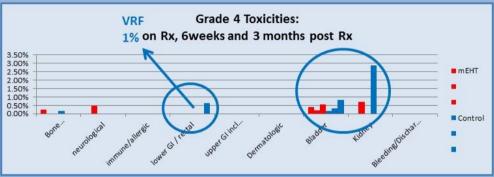
Both showed worse symptom scores and worse insomnia at 3 months.



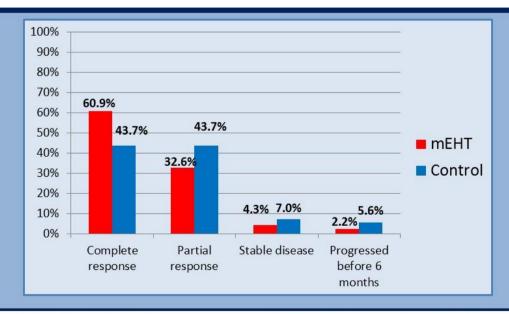
Only 5 responded to the sexual health and sexual worry questions.

## **EARLY TOXICITIES: Gr 3 and 4**





## **LOCAL DISEASE CONTROL: 6 MONTHS**



Demised before 6 month PET/CT:

Study group - 3 (6%)

Control group - 9 (11%)

1: unable to have PET/CT due to renal failure.

Local disease control is assessed by PET/CT at 6 months post completion of treatment.

#### CONCLUSION

The preliminary results continue to show a positive trend in local disease control in the group treated with mEHT combined with chemo-radiation

### **DISCUSSION**

- ➤ The availability of mEHT in a developing country has the potential to increase the clinical outcomes in a population in which their resources, options and outcomes are limited.
- ➤ The mEHT devices are affordable, easy to use, safe and practical and are therefore suitable for the South African market.
- ➤ Further applications and benefits of mEHT in low income / low resource settings need further urgent investigations.

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# THANK YOU FOR YOUR KIND ATTENTION!