

# **Modulated electro-hyperthermia for the treatment of relapsed brain tumors**

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## **Aim**

To motor the efficacy and safety of modulated electro-hyperthermia (mEHT) for the treatment of relapsed brain tumors.

## **Methods**

We collected data retrospectively on 164 patients that were affected by recurrent malignant brain tumors: glioma and astrocytoma. Patients were included in the study if: informed consent signed, >18 years old, histological diagnosis of malignant glioma or astrocytoma, failure of previous temozolamide-based chemotherapy and radiotherapy, indication for treatment with mEHT as palliative setting.

mEHT was performed using a capacitive coupling technique that allowed to keep the skin surface at 26 C° and to reach 40-42.5 C° inside the tumor for > 90% of treatment duration (20-60 minutes) by applying a power of 40-150 Watts.

## **Results**

The study sample included 164 patients with brain tumor, 115 of these (70%) had glioblastoma multiforme (GBM) and 50 (30%) had astrocytoma. mEHT was performed to 29 (25%) GBM and 28 (56%) of astrocytoma, whereas the remaining patients received the best supportive care (BSC).

Three months after mEHT, tumor response rate was 24% for GBM and 43% for astrocytoma, whereas it was 4% for GBM and 37% for astrocytoma for the BSC group. The median overall survival (OS) was 12 months (range 5-108) for GBM, and 17 months (6-156) for astrocytoma group. We observed 2 long-term survivors in the AST and 1 in the GBM group that were treated with mEHT.

## **Conclusions**

mEHT may have promising efficacy for the treatment of relapsed malignant glioma and astrocytoma and can be a useful integrative therapy



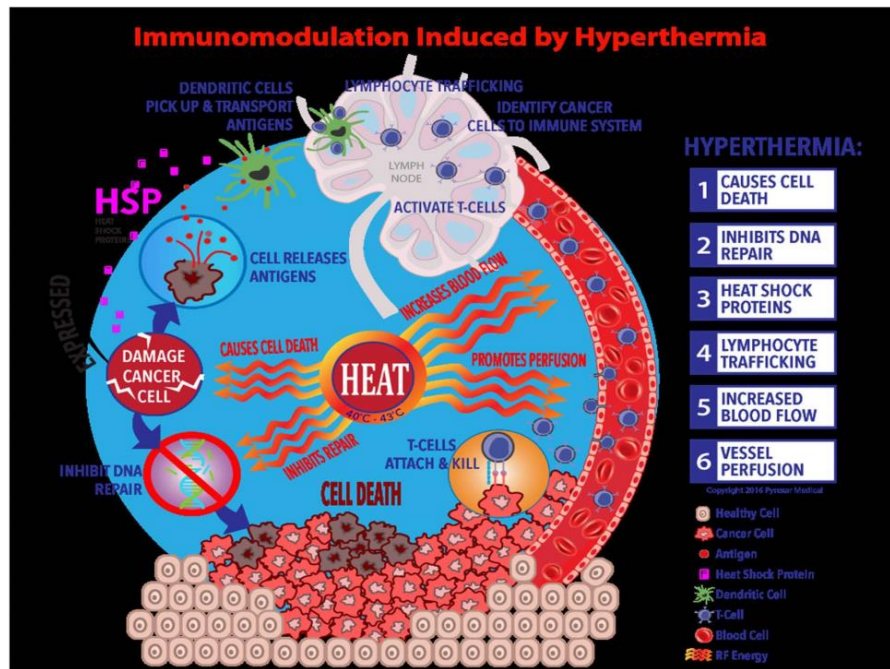
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# **Modulated electrohyperthermia (mEHT) for the treatment of Relapsed Brain Tumors**

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## BACKGROUND

- Malignant Gliomas (MG) Therapy with hyperthermia is approved by the Food and Drug Administration .
- Studies on MG with mEHT, which combines the heat-therapy with an electric field, suggest a new way for research.
- Experts had found the mEHT method is feasible for not only palliative but reported also evidence of therapeutic response

### **STUDIES WHERE HT SEEMS EFFECTIVE IN MG (I)**

- Radiofrequency hyperthermia is useful for malignant brain tumors (Tanaka R, 1987)
- Thermotherapy of recurrent malignant brain tumors is useful (Sneed 1992)
- Favourable effects of antineoplastic agents and hyperthermia on cytotoxicity toward chronically hypoxic glioma cells (Watanabe M, 1992)
- Survival benefit of hyperthermia in a prospective randomized trial of brachytherapy boost +/-hyperthermia for HG gliomas improves mOS with  $p = 0.008$ ; hazard ratio 0.51 (Sneed, 1998)

### **STUDIES WHERE HT SEEMS EFFECTIVE IN MG (II)**

- Concurrent hyperthermia and re-irradiation for recurrent high-grade gliomas suggested that is a safe and well-tolerated. (Heo J, Neoplasia, 2017)
- Hyperthermia induces translocation of apoptosis-inducing factor (AIF) and apoptosis in human glioma cell lines (Fukami T, 2004)
- Improving efficiency of adriamycin crossing blood brain barrier by combination of thermosensitive liposomes and hyperthermia (Gong W, 2011)
- Efficacy and safety of intratumoral thermotherapy using magnetic iron-oxide nanoparticles combined with radiotherapy on patients with recurrent HG glioma (Mair-Hauff K, 2011)

### **STUDIES WHERE HT SEEMS EFFECTIVE IN MG (III)**

- Non invasive intracranial hyperthermia with capacitive transference ECT intratumoral and cerebral thermometry gives favourable results (Ley-Valle, 2003) .
- Treatment of malignant glioma using hyperthermia (Sun J, 2013)
- Thermotherapy-induced reduction in glioma invasiveness is mediated by tumor necrosis factor- $\alpha$ . (Qin LJ, 2015)
- Enhanced Energy Localization in Hyperthermia Treatment Based on Hybrid Electromagnetic and Ultrasonic System: Proof of Concept with Numerical Simulations. (Nizam-Uddin N, 2017).
- Pulsed-wave low-dose ultrasound hyperthermia selectively enhances nanodrug delivery and improves antitumor efficacy for brain metastasis of breast cancer. (Wu SK, 2017)

### **STUDIES WHERE MEHT SEEMS EFFECTIVE IN MG (I)**

- Regional mEHT in combination with chemotherapy induces a mOS of 44,2 and 23,2 months in relapsed HG gliomas (Sahinbas, 2005) .
- Phase II clinical study on relapsed HG gliomas treated with mEHT reported a RR of 25% (Fiorentini, 2006).
- mEHT combined with alkylating drugs in relapsed HG gliomas reported that is tolerable and feasible ( Wismeth, 2010).
- Clinical and economic evaluation of mEHT concurrent to dose-dense temozolomide regimen in the treatment of recurrent glioblastoma: a retrospective analysis of a two-center German cohort trial with systematic comparison and effect-to-treatment analysis (Roussakov SV, 2017).

### **STUDIES WHERE MEHT SEEMS EFFECTIVE IN MG (III)**

mEHT inhibits glioma tumorigenicity through the induction of E2F1-mediated apoptosis. (Cha J, 2015, Int J Hyperthermia .

Retrospective observational Clinical Study on Relapsed Malignant Gliomas Treated with Electro-Hyperthermia (Fiorentini G, Int J Neurooncol Brain Tumors, Vol I, Issue 1, p11-13, 2017)

Modulated Electrohyperthermia in Integrative Cancer Treatment for Relapsed Malignant Glioblastoma and Astrocytoma: Retrospective Multicenter Controlled Study. (Fiorentini G, Integr Cancer Ther, 2019 Jan-Dec;18:1534735418812691).

## **AIM**

to monitor the efficacy and safety of modulated electrohyperthermia (mEHT) for the treatment of relapsed brain tumors



## METHODS

- we collected data retrospectively on 164 patients that were affected by recurrent malignant MG.
- Patients included if informed consent signed, >18 years old, GBM or astrocytoma, failure of previous temozolamide-based chemotherapy and radiotherapy, indication for treatment with mEHT as palliative setting.
- mEHT was performed using a capacitive coupling technique that allowed to keep the skin surface at 26 C

### Treatment parameters

Practical parameters	value
step-up power (from-to [W])	40-150
average energy-dose (kJ)	540
Therapeutic temperature (°C)	40-42.5
treatment time /session	60
treatment frequency (weakly)	3
treatment cycle (weeks)	8
follow-up time (months)	16



## Description of the sample

Basic character (AST)	n	%
Males	24	48
Females	26	52
mEHT treated	29	58
Historical control	21	42
Data AST group	n	%
MGMT methylated	13	26
MGMT non methylated	13	26
MGMT no data	24	48
IDH1 mutated	15	30
IDH1 wild type	12	24
IDH1 no data	23	46

## Description of the sample

Basic character (GBM)	n	%
Males	71	62.3
Females	43	37.7
mEHT treated	29	25.4
Historical control	85	74.6
Data of GBM group	n	%
MGMT methylated	26	22.8
MGMT non methylated	28	24.6
MGMT no data	60	52.6
IDH1 mutated	14	12.3
IDH1 wild type	20	17.5
IDH1 no data	80	70.2

## The complementary therapies

Complementary therapies	All	AST		GBM	
		mEHT	no mEHT	mEHT	no mEHT
BSC	32	9	3	18	2
RT	8	0	1	0	7
CHT	0	0	0	0	0
TMZ	5	1	1	0	3
RT+TMZ	66	1	10	1	54
CHT+TMZ	1	0	1	0	0
CHT+TMZ+RT	47	14	5	10	18
CHT+TMZ+RT+FOTEMUSTINE	1	1	0	0	0
CHT+TMZ+RT+ DOTATOC	2	1	0	0	1
ND	2	2	0	0	0

The abbreviations as follows: BSC – best supportive care including dexamethasone, 18% glycerol infusion, mannitol, holistic therapy and psychosocial support, RT – radiotherapy, CHT – chemotherapy with platinum derivatives, TMZ – temozolomide therapy, ND – no data.

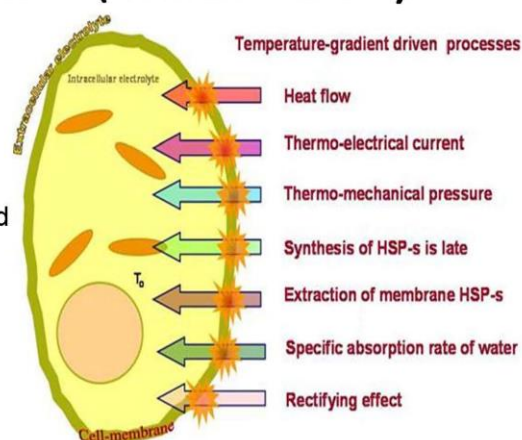
## ELECTRO - HYPERTHERMIA (TRANSLATIONAL)

### Regional non-invasive EHT

Selective killing effect to tumor cells – specific absorption and nano range heating ( Koga 1993, Head 2000, Szasz O. 2017)

Stimulation of natural killer cell-induced apoptosis based on activation of heat-shock-proteins (Young 1990, Multhoff 2005, Baronzio 2006)

Intratumoral reduction of micro-circulation (Yoshimasa 2001).



Regional EHT and ACNU have synergistic effects in a rat model (Schem, 1995)

Regional EHT plus chemotherapy have additive effects on inhibition of proliferation (Mella, 1990)

Regional EHT improves the antitumor effect of metronomic cyclophosphamide in a rat transplantable brain tumor (Borkamo 2008)

## **ELECTRO HYPERTHERMIA**



Treating area: **REGIONAL** (Deep seated tumors)  
Invasivity: **NON-INVASIVE**

## **mEHT**



Treating area: **Brain tumor (Pons site)**  
Invasivity: **NON-INVASIVE**

# mEHT



Treating area: **Brain tumor (frontal-parietal site)**

Invasivity: **NON-INVASIVE**

## RESULTS

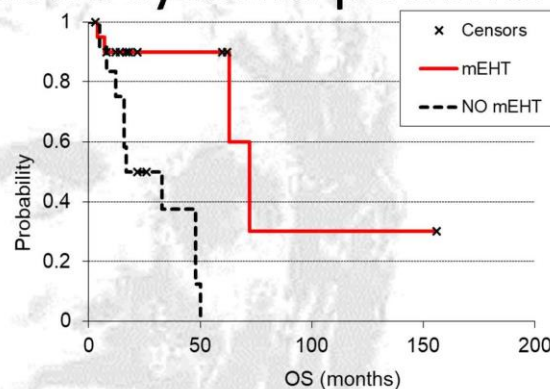
- 164 consecutive patients with relapsed MG, 115 of these (70%) had GBM and 50 (30%) had astrocytoma.
- mEHT was performed to 29 (25%) GBM and 28 (56%) of astrocytoma, whereas the remaining patients received the best supportive care (BSC).
- Three months after mEHT, tumor response rate was 24% for GBM and 43% for astrocytoma, whereas it was 4% for GBM and 37% for astrocytoma for the BSC group.
- The median overall survival (OS) was 12 months (range 5-108) for GBM, and 17 months (6-156) for astrocytoma group. We observed 2 long-term survivors in the AST and 1 in the GBM group that were treated with mEHT.



## ASTRO response at three months

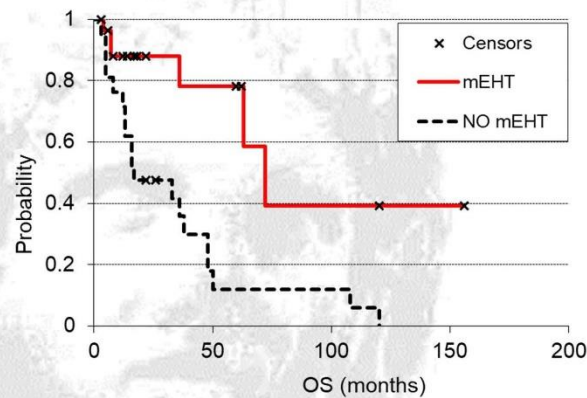
Response (AST)	mEHT		conventional		P-value
	(n)	(%)	(n)	(%)	
CR	2	6.9	1	4.8	0.0004
PR	10	34.5	6	28.6	
SD	9	31	5	23.8	
PD	6	20.7	8	38.1	0.42
NO data	2	6.9	1	4.8	-
OS median (Range)	72	(3-156)	17	(3-120)	0.0006

## Duration of the response for astrocytoma patients



Median/Mean are 72/87.9 and 17/28.5 for with and without mEHT respectively. The results are statistically significant ( $p=0.00036$ ). Events real/expected (Cox-mantel log-rank test) were 4/9.7 and 10/4.3 in groups with and without mEHT, respectively

## OS of the AST group

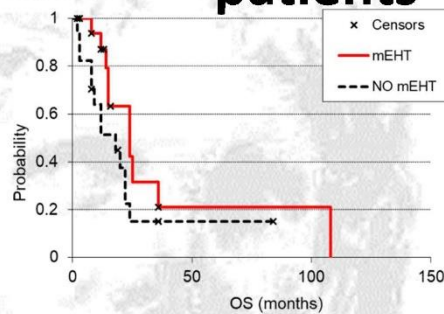


Median/Mean are 72/91.6 and 17/34 for with and without mEHT respectively. The results are statistically significant ( $p=0.0006$ ). Events real/expected (Cox-mantel log-rank test) were 6/14.3 and 19/10.7 in groups with and without mEHT, respectively.

## GBM response at three months

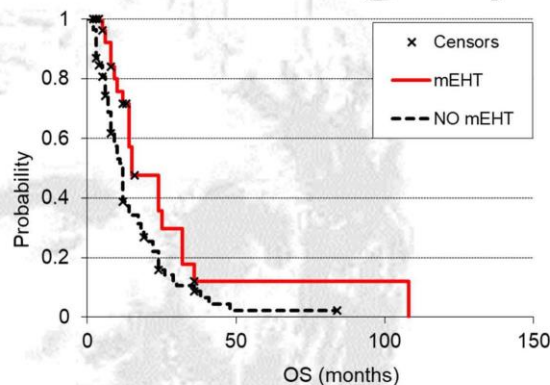
Response (GBM)	mEHT		conventional		P-value
	(n)	(%)	(n)	(%)	
CR	1	3.4	2	2.4	0.123
PR	6	20.7	2	2.4	
SD	11	37.9	13	15.3	
PD	11	37.9	63	74.1	0.858
NO data	0	0.0	5	5.9	-
OS median (Range)	15	(2-108)	12	(2-84)	0.026

## Duration of the response for GBM patients



Median/Mean are 24/39.1 and 18/23.9 for with and without mEHT respectively. The results show the difference, but they are statistically not significant ( $p=0.123$ ). Events real/expected (Cox-mantel log-rank test) were 10/13.4 and 13/9.6 in groups with and without mEHT, respectively.

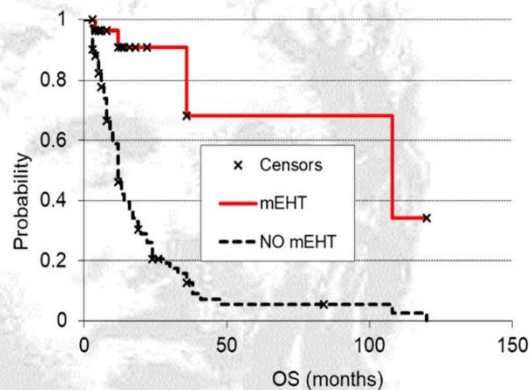
## OS of GBM group



Median/Mean are 15/29 and 12/15.8 for with and without mEHT respectively. The results are statistically significant ( $p=0.026$ ). Events real/expected (Cox-mantel log-rank test) were 19/28.2 and 68/58.8 in groups with and without mEHT, respectively.

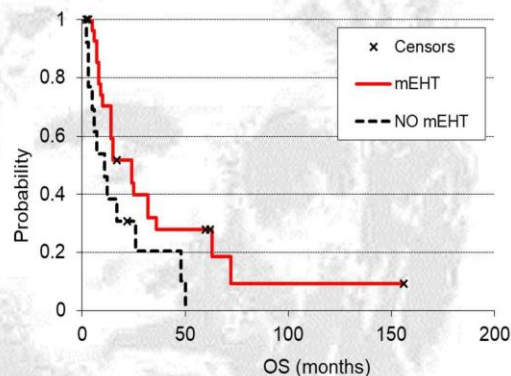


## Effect of temozolomide (TMZ) for glioblastoma patients



Complementary therapy contains TMZ. Median/Mean are 108/86.7 and 12/20.5 for with and without mEHT respectively. The results are statistically significant ( $p=0.00001$ ). Events real/expected (Cox-mantel log-rank test) were 4/20.4 and 75/58.6 in groups with and without mEHT, respectively

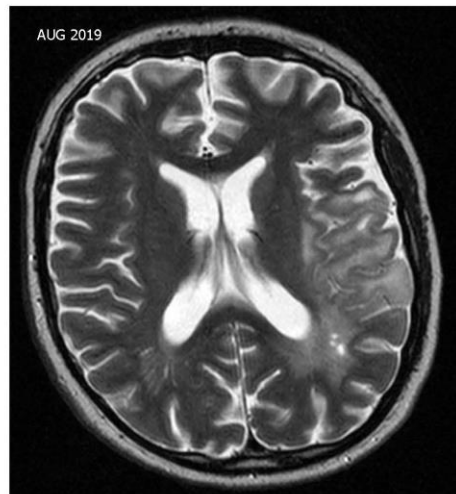
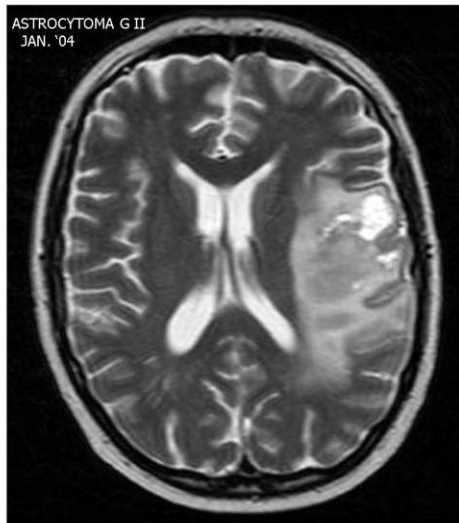
## Complementary therapy without TMZ

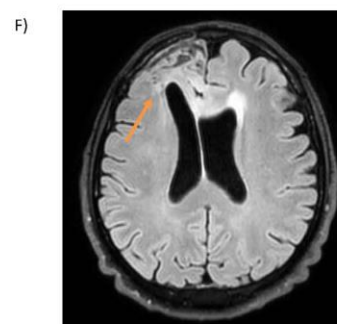
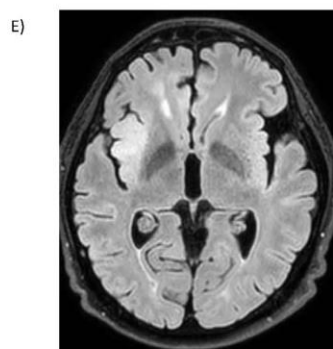
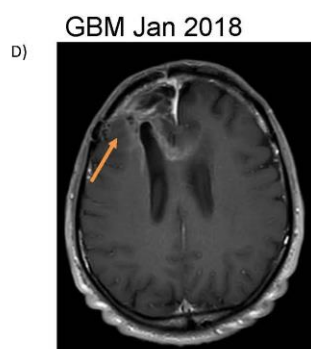
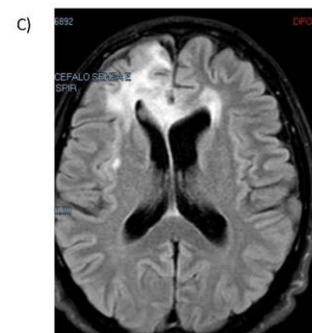
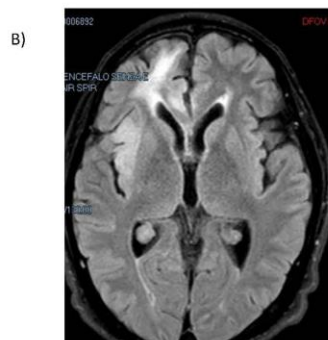
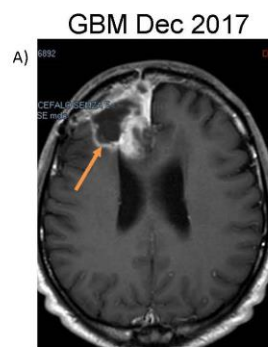
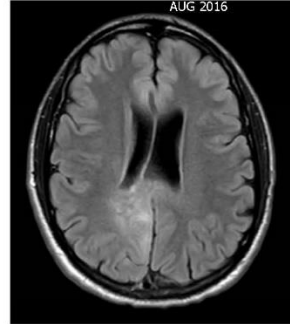
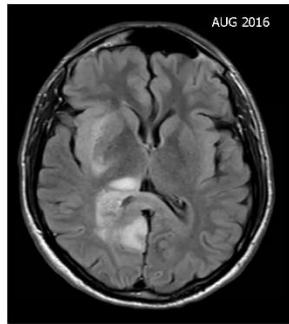
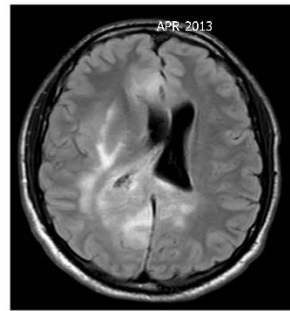
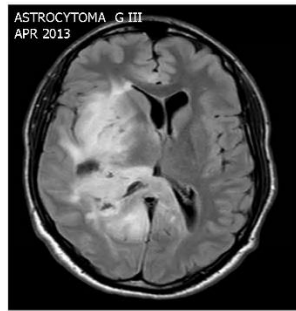


Median/Mean are 24/38.9 and 11/17.85 for with and without mEHT respectively. The results are statistically significant ( $p=0.039$ ). Events real/expected (Cox-mantel log-rank test) were 21/25.8 and 12/7.2 in groups with and without mEHT, respectively.

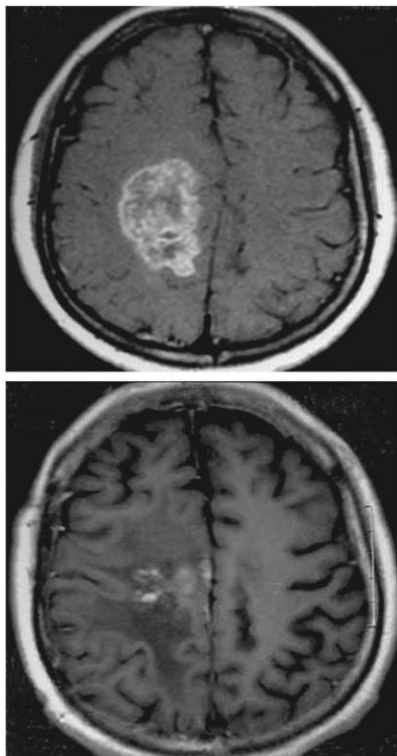
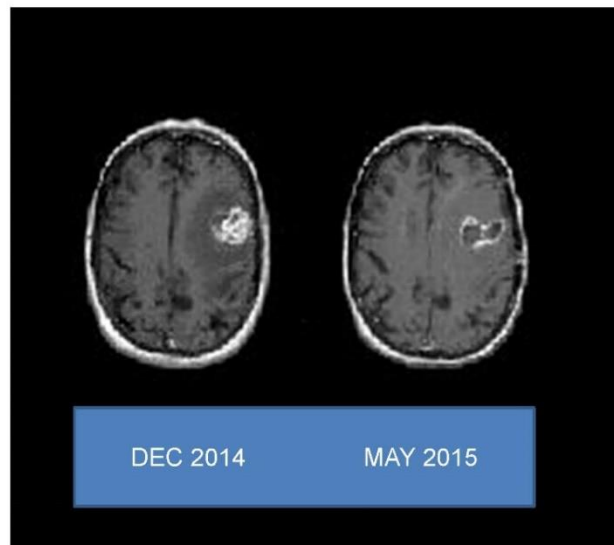
# Safety

- The safety profile was confirmed by the small total number of adverse events (5%).
- mEHT toxicity was mild (G1).
- We observed one (1%) head pain, one (1%) scalp burn, five (3%) epilepsy that was resolved with medication including diazepam 10 mg in 100 ml of saline and levetiracetam in tablets without any further attack





## RELAPSED GBM G III Partial Remission



**RELAPSED GBM  
OCT 2010**

**RELAPSED GBM  
FEB 2011**

**Partial remission**

## CONCLUSION

- mEHT was a safe and effective treatment of recurrent MG as integrative therapy.
- Both AST and GBM had higher tumor response rates after mEHT than after BSC, reporting few- and mild-intensity adverse events.
- The survival and quality of life were improved as well.
- The main limitation of the study was the retrospective data collection, for this reason, further randomized prospective studies with larger number of patients are also required.

ευχαριστίες

Thank you