Modulated electro-hyperthermia in the combined treatment of metastatic colorectal cancer a retrospective cohort study with meta-comparison

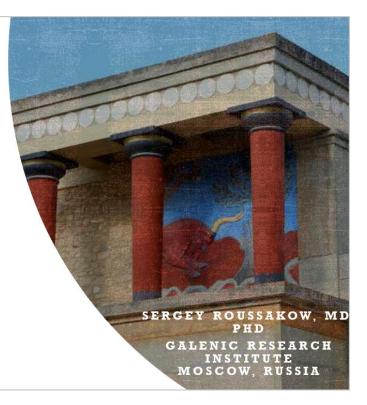
Sergey Roussakow¹

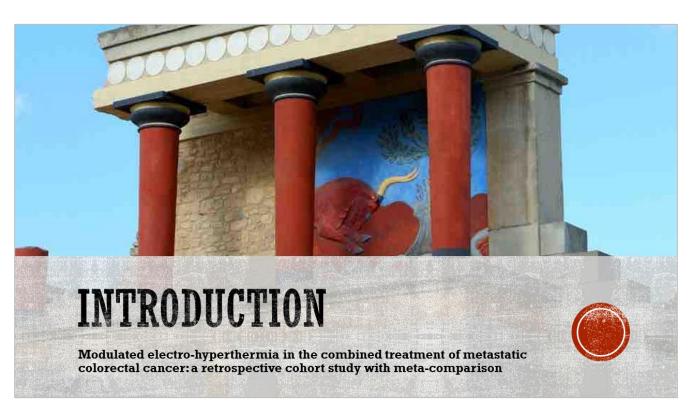
¹Galenic Research Institute, Moscow, Russia

Citation: Roussakow S. (2019): Modulated electro-hyperthermia in the combined treatment of metastatic colorectal cancer a retrospective cohort study with meta-comparison, Oncothermia Journal 30: 132 – 154, http://www.oncotherm.com/sites/oncotherm/files/2021-04/Roussakow_Modulated.pdf

37th International Clinical Hyperthermia Society MEETING September 19th-21st 2019 Thessaloniki, Greece

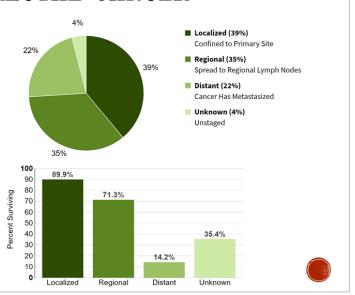
MODULATED ELECTRO-HYPERTHERMIA IN THE COMBINED TREATMENT OF METASTATIC COLORECTAL CANCER: A RETROSPECTIVE COHORT STUDY WITH META-COMPARISON





FACTS ABOUT COLORECTAL CANCER

- 3rd the most diagnosed cancer in the world
- 4th leading cause of cancer death among men & women combined in the world
- 2nd leading cause of cancer death among men & women combined in the developed countries
- In the USA:
 - 140,250 estimated new cases in 2018
 - 50,630 estimated deaths in 2018





TRIAL DESIGN

- A retrospective, cohort, twocenter study.
- Two centers in Budapest (Hungary):
 - HTT-MED Clinic (HTT);
 - Peterfi Hospital (PFY).
- Enrollment:
 - HTT from 08/04/1997 to 10/17/2002 (63 months),
 - PFY from 05/01/1999 to 04/30/2002 (37 months).
- No inclusion / exclusion criteria

- Exitus
 - National Hungarian Civil Registry.
- Primary endpoints:
 - Median Survival Time (MST)
 - Overall Survival (OS) at 1,3,5 years
- The endpoints are in two options:
 - from the diagnosis
 - from the 1st session of MEHT
- Secondary endpoint:
 - clinical response (RECIST 1.1).



INTERVENTION AND BASIC TREATMENT

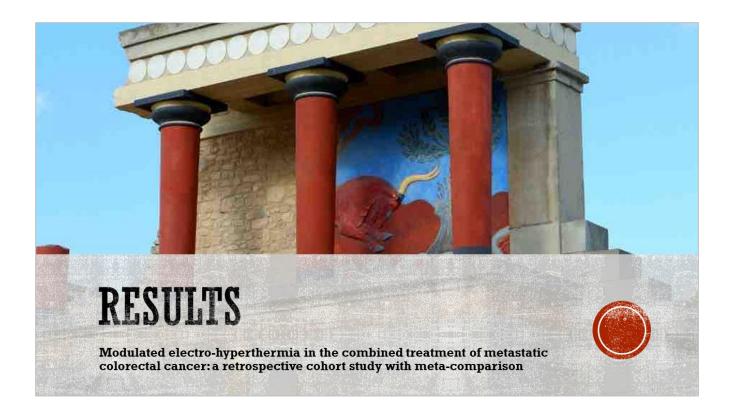
BASIC TREATMENT

- Radical or debulking surgery
- Adjuvant chemotherapy
- Symptomatic radiotherapy

INTERVENTION

- Modulated electro-hyperthermia (oncothermia)
- Applicator Ø 30 cm
- Power 120 → 150 W.
- Time:
 - · Radio-chemo-enhancement, 45 min.
 - Adjuvant monotherapy, 60 min.
 - Palliative monotherapy, 90 min.
- Localizations: up to 2.

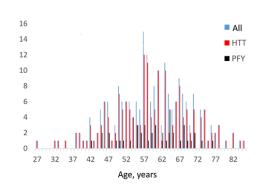




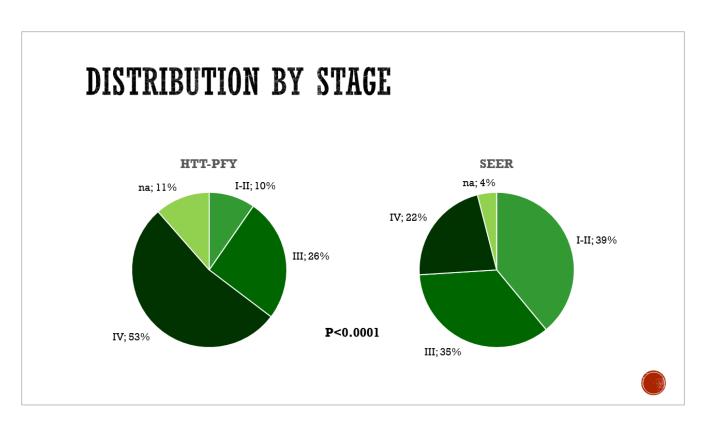
DEMOGRAPHY AND AGE DISTRIBUTION

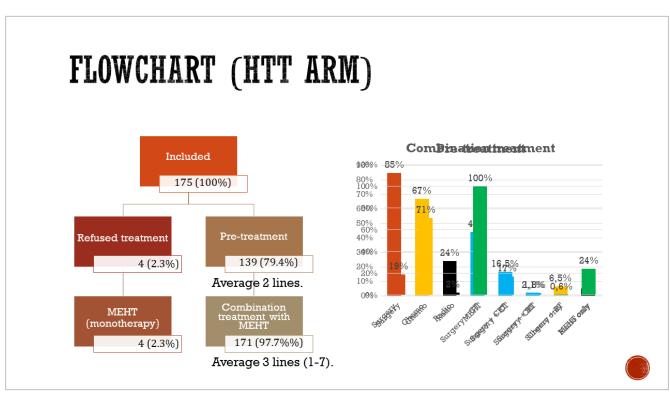
Parameter	No	% / 95% CI	
Number	218		
Sex			
Female	85	39.0%	
Male	133	61.0%	
Age at diagnosis			
Average ± se	57.5 ± 0.7	(56.1 – 58.9)	
Median (range)	58 (27 - 85)	(56 - 59)	
≥65 years	52	23.9%	
≥68 years	30	13.8%	

Number of patients



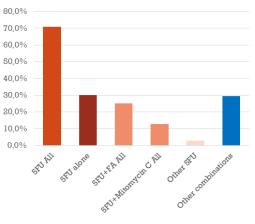






CHEMOTHERAPY

	Lines		Cycles	
Combination	No	%	No	%
5FU & combinations	191	70.7%	703	74.5%
5FU alone	81	30.0%	276	29.3%
5FU+Leucovorin & combinations	68	25.2%	263	27.9%
5FU+Mitomycin C & comb	34	12.6%	140	14.8%
Other 5FU combinations	8	3.0%	24	2.5%
Other chemo & combinations (36)		29.3%	240	25.5%
TOTAL:	270	100%	943	100%





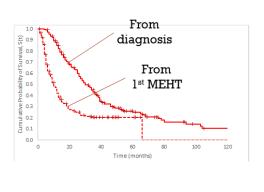
MODULATED ELECTRO-HYPERTHERMIA

Parameter	Value
Median treatment line	3.6±0.1
The terminal treatment	87.4% (153 / 175)
Time from diagnosis to $1^{\rm st}$ MEHT, months	Ave. 19.3 ± 1.4; Med. 12 (0-138)
Number of sessions	Ave. 7.9 ± 0.3 ; Med. $6(2-42)$
Duration of session, min	Ave. 72.6 ± 1.4; Med. 60 (45 – 135)
Dose per course, kJ	Ave. 29.1 ± 1.9 ; Med. $20.9 (0 - 207)$
Days per session	Ave. 7.2 ± 0.4 ; Med. 6 $(1-35)$
Number of fields (1 vs. 2)	97.1% (170 / 175) vs. 2.9% (5 / 175)
liver	58.9% (106 / 180)
colorectal	18.9% (34 / 180)
lungs	4.4% (8 / 180)
other or not indicated	18% (32 / 180)

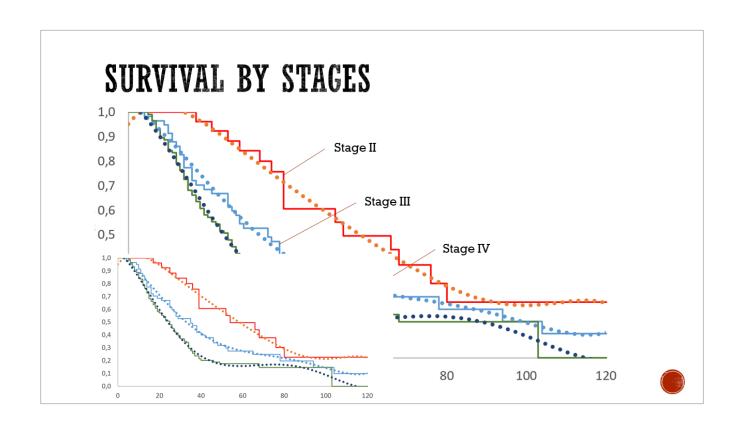


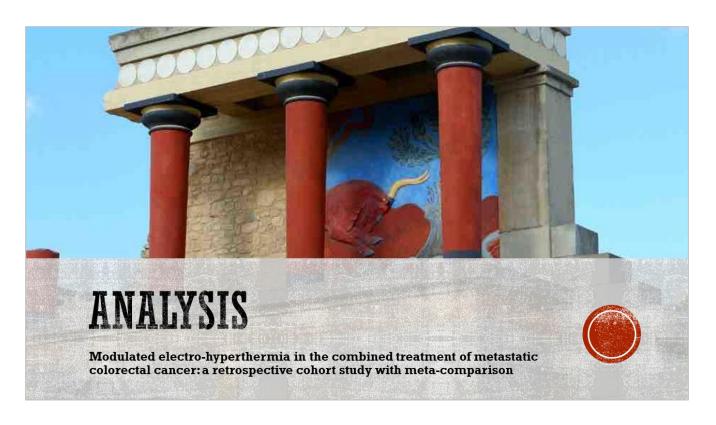
OVERALL SURVIVAL

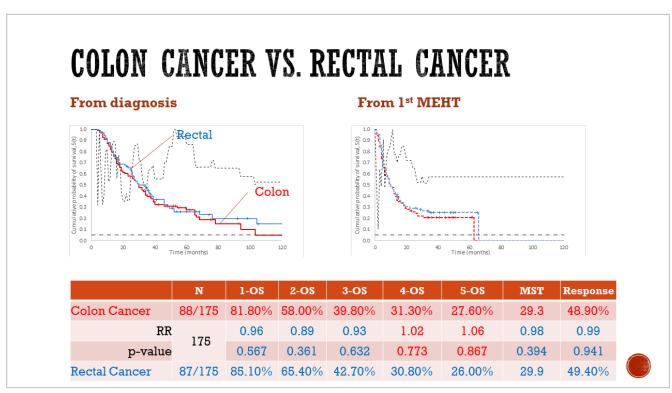
Parameter	From Dx	From 1 st MEHT
MST, months	29.7 (26.3-34.9)	9.6 (7.8-11.8)
l-year OS	85.2% (80.5-89.9%)	42.2% (35.4-49.0%)
2-year OS	63.2% (56.7-69.7%)	42.2% (35.4-49.0%)
3-year OS	41% (34.3-47.7%)	20.5% (14.8-26.3%)
4-year OS	29.4% (22.9-35.9%)	20.5% (14.8-26.3%)
5-year OS	25.2% (18.8-31.6%)	20.5% (14.8-26.3%)



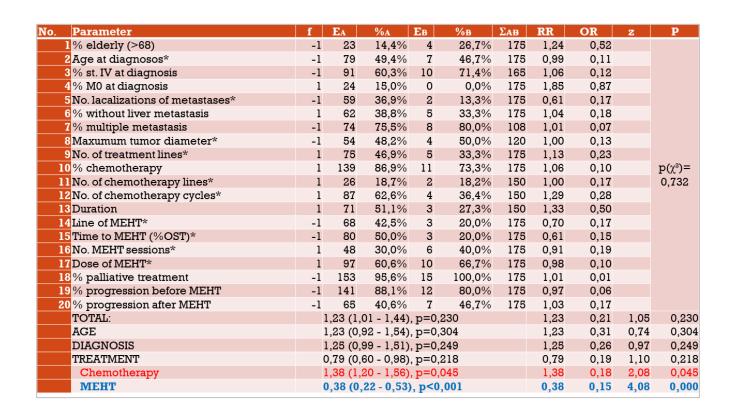


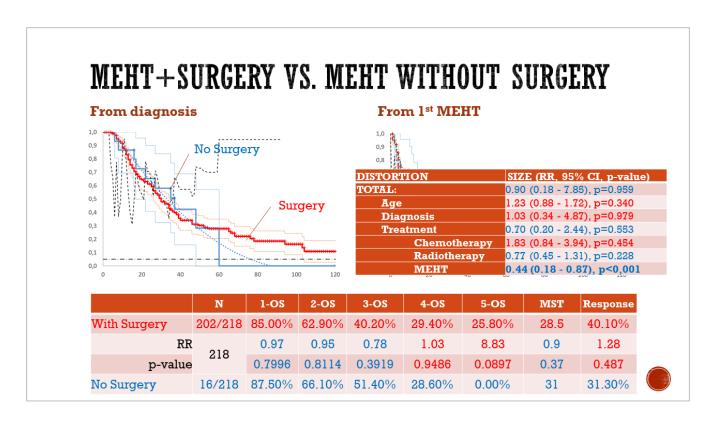


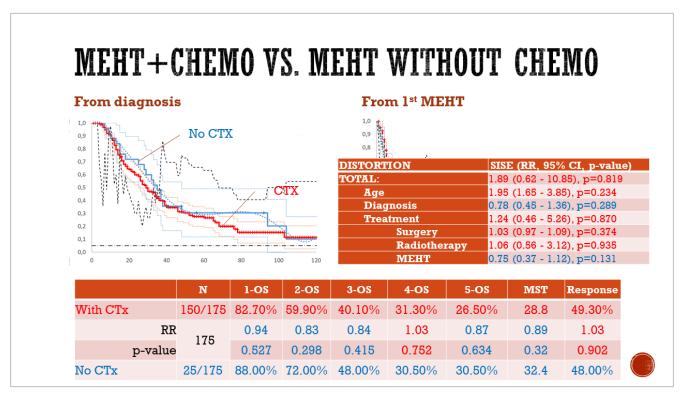


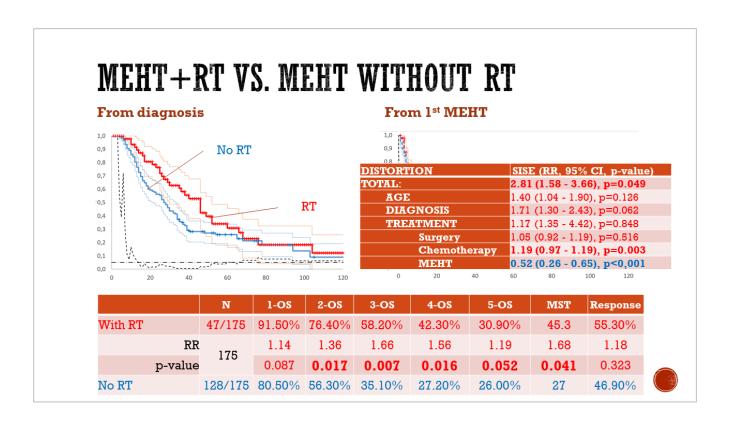


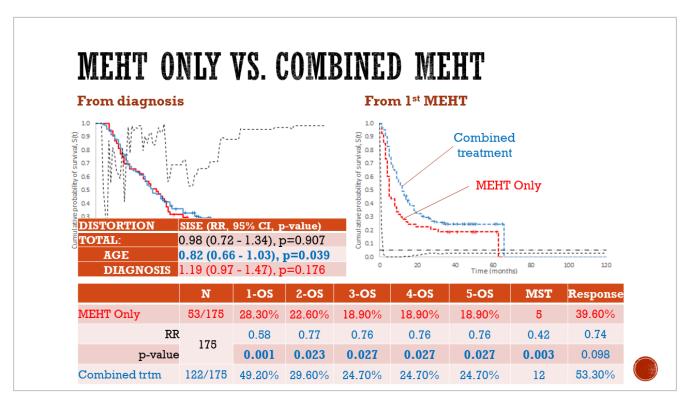
MEHT+SURGERY VS. MEHT WITHOUT SURGERY From 1st MEHT From diagnosis 1,0 No Surgery 0,9 0,9 0,8 0.7 0,7 0,6 0,6 0,5 0,5 Surgery 0,4 0,4 0,3 0,3 0.2 0.2 0,1 0,1 0,0 3-OS 5-OS N 1-OS 2-OS **4-OS** MST Response 202/218 85.00% 62.90% 40.20% 29.40% 25.80% With Surgery 28.5 40.10% 0.95 RR 0.97 0.78 1.03 8.83 0.9 1.28 218 p-value 0.7996 0.8114 0.3919 0.9486 0.0897 0.37 0.487 No Surgery 16/218 87.50% 66.10% 51.40% 28.60% 0.00% 31 31.30%





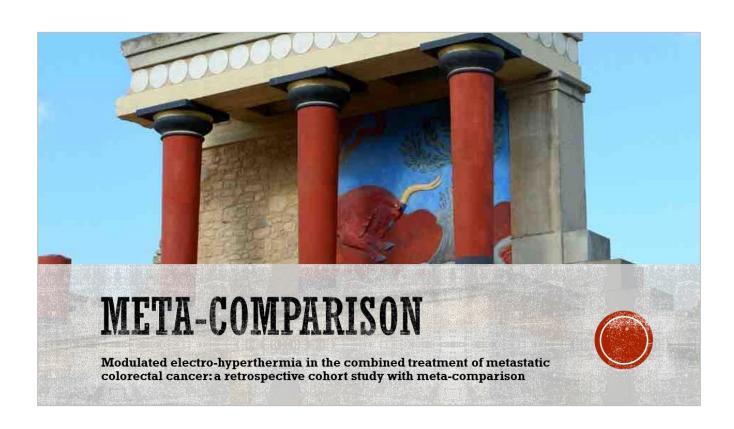






- MEHT is a powerful treatment factor.
- The effect of MEHT in the treatment of metastatic colorectal cancer seems to exceed the effect of chemotherapy and is comparable to the effect of surgery.
- Combining MEHT with other treatments significantly increases its efficacy.





VS

CROOKE H, KOBAYASHI M, MITCHELL B, ET AL.
ESTIMATING 1- AND 5-YEAR RELATIVE SURVIVAL
TRENDS IN COLORECTAL CANCER (CRC) IN THE UNITED
STATES: 2004 TO 2014.

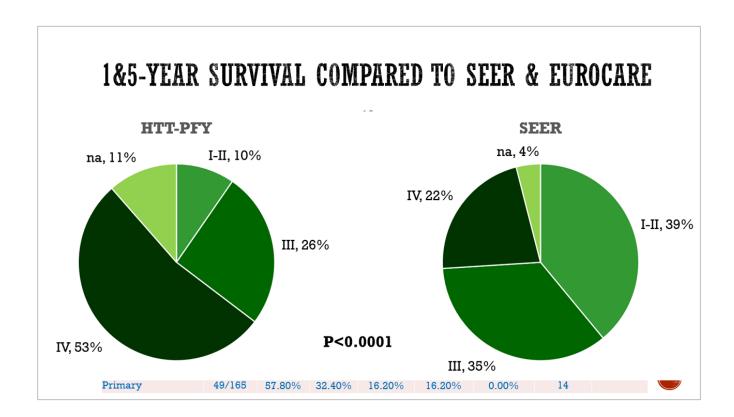
J CLIN ONCOL. 2018;36(4):587.

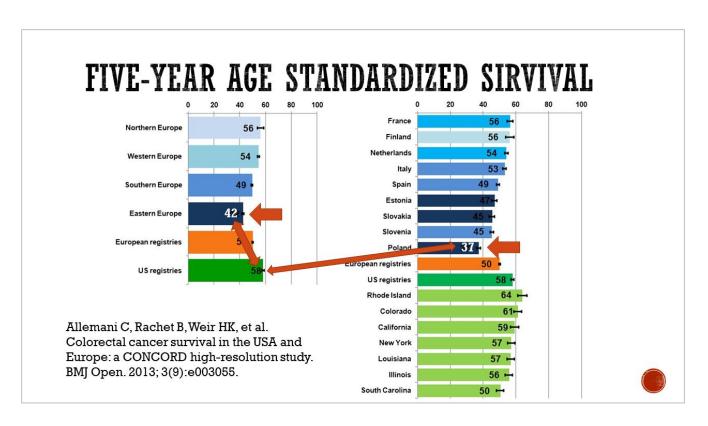
ALLEMANI C, RACHET B, WEIR HK, ET AL.

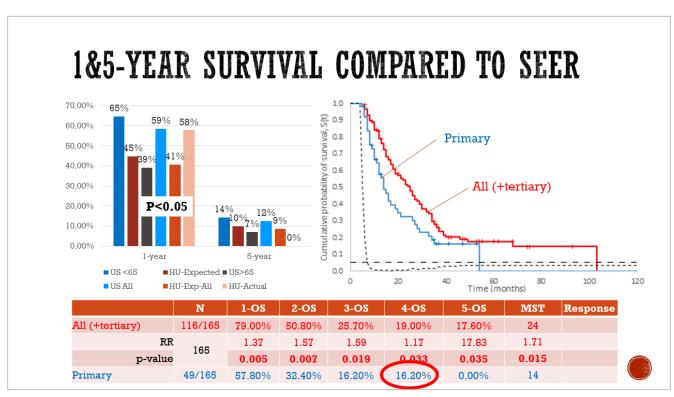
COLORECTAL CANCER SURVIVAL IN THE USA AND
EUROPE: A CONCORD HIGH-RESOLUTION STUDY.

BMJ OPEN. 2013; 3(9):E003055.









VS.

ESTIMATING 1- AND 5-YEAR RELATIVE SURVIVAL TRENDS IN COLORECTAL CANCER (CRC) IN THE UNITED STATES: 2004 TO 2014.

COLORECTAL CANCER SURVIVAL IN THE USA AND EUROPE: A CONCORD HIGH-RESOLUTION STUDY.

survival in metastatic colorectal cancer.

Modulated electro-hyperthermia provides significantly better than expected 1-year



MODULATED ELECTRO-HYPERTHERMIA IN THE COMBINED TREATMENT OF METASTATIC COLORECTAL CANCER: A RETROSPECTIVE COHORT STUDY WITH META-COMPARISON

VS

YIN H, LU K, QIAO WB, ZHANG HY, SUN D, YOU QS.
WHOLE-LIVER RADIOTHERAPY CONCURRENT WITH
CHEMOTHERAPY AS A PALLIATIVE TREATMENT FOR
COLORECTAL PATIENTS WITH MASSIVE AND MULTIPLE
LIVER METASTASES: A RETROSPECTIVE STUDY.
ASIAN PAC J CANCER PREV. 2014;15 (4): 1597-602.

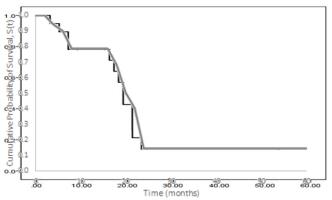
DEPARTMENT OF RADIOTHERAPY, THE CANCER HOSPITAL OF HARBIN MEDICAL UNIVERSITY, HARBIN, CHINA



MULTIPLE LIVER METASTASES FROM CRC

Yin H, Lu K, Qiao WB, Zhang HY, Sun D, You QS. Whole-liver Radiotherapy Concurrent with Chemotherapy as a Palliative Treatment for Colorectal Patients with Massive and Multiple Liver Metastases: a Retrospective Study. Asian Pac J Cancer Prev. 2014;15 (4): 1597-602.

Parameter	Yin et al	HTT
No of patients	19	7
TD RT	53.4 Gy	50 Gy
95% CI	38.8-66.3	36.2-64.1
Age	56	59
1-3 lesions	47.4%	53%
>3 lesions	52.6%	47%
Extra-liver disease	26.3%*	100%*
No. lesions	3 (2-6)	3(1-7)
Max. diameter	7 (6-12)	6.2(5-10)



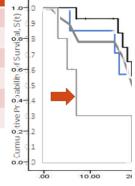


MULTIPLE LIVER METASTASES FROM CRC

Yin H, Lu K, Qiao WB, Zhang HY, Sun D, You QS. Whole-liver Radiotherapy Concurrent with Chemotherapy as a Palliative Treatment for Colorectal Patients with Massive and Multiple Liver Metastases: a Retrospective Study. Asian Pac J Cancer Prev. 2014;15 (4): 1597-602.

Parameter	Yin et al	HTT
MST, months	19	28
95% CI	-	14.9-41.1
l-year OS	78.3%	85.7%
2-year OS	14.3%*	57.1%*
3-year OS	14.3%	28.6%
5-year OS	14.3%	28.6%

p=0.027



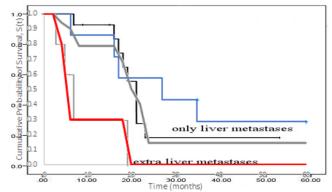


^{*} p=0.001

MULTIPLE LIVER METASTASES FROM CRC

Yin H, Lu K, Qiao WB, Zhang HY, Sun D, You QS. Whole-liver Radiotherapy Concurrent with Chemotherapy as a Palliative Treatment for Colorectal Patients with Massive and Multiple Liver Metastases: a Retrospective Study. Asian Pac J Cancer Prev. 2014;15 (4): 1597-602.

Yin et al	HTT
4	7
5	28
-	14.9-41.1
30.0%*	85.7%*
0.0%**	57.1%**
0.0%	28.6%
0.0%	28.6%
	4 5 - 30.0%* 0.0%** 0.0%



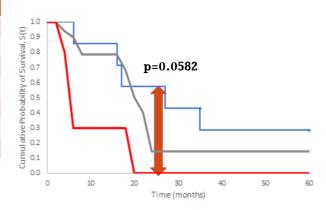


MULTIPLE LIVER METASTASES FROM CRC

Yin H, Lu K, Qiao WB, Zhang HY, Sun D, You QS. Whole-liver Radiotherapy Concurrent with Chemotherapy as a Palliative Treatment for Colorectal Patients with Massive and Multiple Liver Metastases: a Retrospective Study. Asian Pac J Cancer Prev. 2014;15 (4): 1597-602.

Parameter	Yin et al	HTT
Number of patients	4	7
MST, months	5	28
95% CI	-	14.9-41.1
1-year OS	30.0%*	85.7%*
2-year OS	0.0%**	57.1%**
3-year OS	0.0%	28.6%
5-year OS	0.0%	28.6%

^{*} p=0.0617 ** p=0.0582





^{*} p=0.0617 ** p=0.0582

VS.

WHOLE-LIVER RADIOTHERAPY CONCURRENT WITH CHEMOTHERAPY AS A PALLIATIVE TREATMENT FOR COLORECTAL PATIENTS WITH MASSIVE AND MULTIPLE LIVER METASTASES: A RETROSPECTIVE STUDY.

Modulated electro-hyperthermia significantly improves the 2-year overall survival and the median survival time in colorectal patients with massive and multiple liver metastases treated with whole-liver radiotherapy with concurrent chemotherapy.



MODULATED ELECTRO-HYPERTHERMIA IN THE COMBINED TREATMENT OF METASTATIC COLORECTAL CANCER: A RETROSPECTIVE COHORT STUDY WITH META-COMPARISON

VS.

DY GK, HOBDAY TJ, NELSON G, WINDSCHITL HE, O'CONNELL MJ, ALBERTS SR, GOLDBERG RM, NIKCEVICH DA, SARGENT DJ LONG-TERM SURVIVORS OF METASTATIC COLORECTAL CANCER TREATED WITH SYSTEMIC CHEMOTHERAPY ALONE: A NORTH CENTRAL CANCER TREATMENT GROUP REVIEW OF 3811 PATIENTS, N0144.

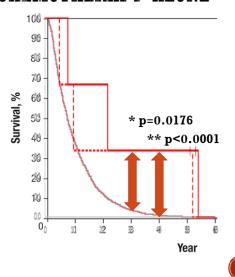
CLIN COLORECTAL CANCER. 2009; 8(2): 88–93.

ROSWELL PARK CANCER INSTITUTE, BUFFALO, NY MAYO CLINIC AND MAYO FOUNDATION, ROCHESTER, MN



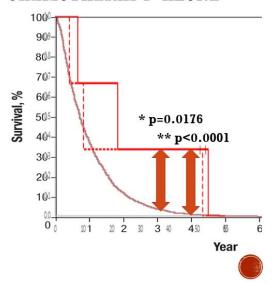
LONG-TERM SURVIVORS OF METASTATIC COLORECTAL CANCER TREATED WITH SYSTEMIC CHEMOTHERAPY ALONE

Parameter	Dy et al.	HTT	P-value
No. of patients	3,407	3	
Long-term survivors	36 (<1%)	0	
l-year OS	38.4%	66.7%	0.3139
2-year OS	12.6%	33.3%	0.2875
3-year OS	4.5%*	33.3%*	0.0176
4-year OS	1.5%**	33.3%**	< 0.0001



LONG-TERM SURVIVORS OF METASTATIC COLORECTAL CANCER TREATED WITH SYSTEMIC CHEMOTHERAPY ALONE

Parameter	Patient
Sex	Male
Age at diagnosis	35
Diagnosis	C18.2 (colon)
Metastasis	Mla (787)
Survival time	>53 months
from 1st MEHT	>51 months
Exit reason	Censored



VS.

LONG-TERM SURVIVORS OF METASTATIC COLORECTAL CANCER TREATED WITH SYSTEMIC CHEMOTHERAPY ALONE: A NORTH CENTRAL CANCER TREATMENT GROUP REVIEW OF 3811 PATIENTS, N0144.

Modulated electro-hyperthermia significantly improves the 3-4-year overall survival in the treatment of metastatic colorectal patients with systemic chemotherapy alone.



MODULATED ELECTRO-HYPERTHERMIA IN METASTATIC COLORECTAL CANCER:

- provides significantly better than expected 1-year survival compared to large databases
- significantly improves survival in the colorectal patients with massive and multiple liver metastases treated with whole-liver radiotherapy with concurrent chemotherapy
- significantly improves survival in the metastatic colorectal patients treated with systemic chemotherapy alone



SO ...

Evidence 1: OS better than expected P<0.05

Unbiased

sample

 MEHT provides significantly better than expected 1-year survival compared to large databases

 MEHT significantly improves survival in the metastatic colorectal patients treated with systemic chemotherapy alone

Evidence 3
Better 3-4y OS CTx only
P<0.05

 MEHT significantly improves survival in the colorectal patients with massive and multiple liver metastases treated with wholeliver radiotherapy with concurrent chemotherapy

Evidence 2: Better 2-3y OS MLM CRT P<0.05





MODULATED
ELECTROHYPERTHERMIA
SIGNIFICANTLY
IMPROVES SURVIVAL
IN METASTATIC
COLORECTAL
CANCER.

ULTIMATE CONCLUSION



CLINICAL EXAMPLE

- 44-year-old female patient.
- 27 March, 1996:
 - Diagnosis: colon cancer, stage IV, liver metastasis.
 - Primary tumor resection.
 - Adjuvant chemotherapy (April-May 1996)
- November 1996:
 - Tumor relapse, re-resection.
 - Five cycles of chemotherapy (December 1996 April 1998)
- September 1998:
 - Progression, multiple liver metastases, hepatomegaly
 - Palliative MEHT from October 1994, 6 sessions 90 min each
- Partial response, no hepatomegaly, normal condition.
- After the completion of MEHT, the patient was not examined and was not observed, she did not seek help.
- At the time of termination of the study (10.12.2003), the patient was alive.
- OST at the time of termination of the study 94 months (about 8 years) 62 months (5 years) from the 1st MEHT

